

Fall, 2018

Run, Pass, and Kick contest

Lower Cape Recreation Departments will be partnering to put on the first annual Run, Pass, and Kick contest at Nauset Middle School, in Orleans. This is a program for children who are residents of the towns that attend the Nauset Middle School. Please make sure that you have shut down registration 48 hours prior to the event so that staff can plan accordingly.

DATE: Thursday, November 15th

TIME: 12-3pm

WHERE: Nauset Middle School athletic field

WHO: Boys and Girls, grades 6-8

COST: \$5

Rules =>

Running

There will be a course set up, with cones, and the kids will be timed to see how fast they can complete it. They will receive points according to their time.

Passing

Each child will have three attempts to throw at a target. They will receive points for hitting the target, according to the distance.

Kicking

Each child will have three attempts to kick the football (off the tee) as far as they can. Not only are they trying to get maximum distance, but also maximum accuracy. Points will be deducted for lack of accuracy.

Once all the children have completed the 3 tasks, the points will be totaled, and winners will be declared in Boys and Girls divisions in each category, as well as overall.

Prizes will be awarded in the following categories:

Girls & Boys, overall. (1st, 2nd, and 3rd)

Girls & Boys in each category. (1st only)

**It will be the Recreation Departments' responsibility to secure a sponsor for each event (3) as well as take sign ups, prepare the field, and provide prizes for winners. Please contact Mike Gradone with any questions. mgradone@brewster-ma.gov*

