

Brewster Recreation Teen Sports training program Guidelines

June 4th, 2020

Dates & Times: July 13 – 17th, 9-11am at Eddy Elementary field/gym

To help preserve the health of our participants and prevent the spread of Covid-19 we are instituting the following guidelines which are effective until further notice. These guidelines may be amended dependent upon how the virus situation evolves and any future recommendations from any governing authority such as the Commonwealth of Massachusetts and the Brewster Board of Health.

Do not play if you are exhibiting any symptoms of the coronavirus (mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC) or have been in contact with someone with COVID-19 within the last fourteen days.

Participants must maintain proper social distancing (six feet) from other participants. The Rec Dept. will be sure to set up designated areas for each child.

There will be a max of 10 participants, grades 6-8.

Participants are encouraged to leave their personal items in their cars and bring and use hand sanitizer and water. No fountains will be available.

Participants will report straight to the field, outside. If it rains, the program will be cancelled.

There will be no equipment sharing. Each participant will have their own equipment provided by Rec.

All equipment will be disinfected before and after each time it is used.

Participants will be required to wash hands between station rotations.

Face coverings are strongly encouraged for all participants if they are not able to social distance.

In addition to all covid-19 guidelines, Brewster Recreation rules also apply. **STAY SAFE!**

Follow all guidelines set forth from the CDC, State of Massachusetts, and the Town of Brewster.

Participants will be able to use the school bathrooms if needed.