

Brewster Recreation Ultimate frisbee program Guidelines

March 22, 2021

Dates & Times: Fridays, May 14th – June 11th
2:15 – 3:15pm
Freemans Way field

To help preserve the health of our participants and prevent the spread of Covid-19 we are instituting the following guidelines which are effective until further notice. These guidelines may be amended dependent upon how the virus situation evolves and any future recommendations from any governing authority such as the Commonwealth of Massachusetts and the Brewster Board of Health.

Do not attend if you are exhibiting any symptoms of the coronavirus (mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC) or have been in contact with someone with COVID-19 within the last fourteen days.

Participants must maintain proper social distancing (six feet) from other participants as much as possible.

Participants are encouraged to leave their personal items in their cars and bring and use hand sanitizer and a mask.

Participants will report straight to the soccer field. If it rains, the program will be cancelled.

Frisbees will be able to be shared, but participants will need to sanitize both equipment and hands frequently.

Once game play starts, teams will be established and kept the same each week.

All equipment will be disinfected before and after each time it is used.

Face coverings are mandatory for all participants unless they have a medical condition that states they can't wear one.

In addition to all covid-19 guidelines, Brewster Recreation soccer rules also apply. **STAY SAFE!**

Follow all guidelines set forth from the CDC, State of Massachusetts, and the Town of Brewster.

There are no restrooms available at the field. Plan accordingly.